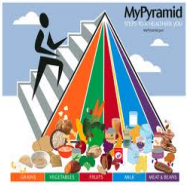


Breakfast is the most important meal of the day!!!!.....

Make Healthy Choices

100% Whole Grain Bread



We are happy to serve our students...



Milk served daily in the Cafeteria includes 1%, Skim, Choc Skim and Strawberry Skim.

WEEK 1

WEEK 2

WEEK 3

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Dates of Menu
WEEK 1	Mini Cinnamon Rolls Orange Juice	Breakfast Bites w Syrup Grape Juice	Apple Jacks Cereal Strawberry Grahams Peaches	COCOA MUNCHIES Cereal Apple Spice Mini-Loaf Grapes	Breakfast Burrito W Salsa Apple Juice	Aug 15-19 Sept 12-16 Oct 10-14 Nov. 7-11 Dec 5-9 Jan 17-20 Feb 13-17 Mar 19-23 Apr 16-19
WEEK 2	Strawberry Poptart Zoo Animal Crackers Orange Juice	Breakfast Hot pocket Fresh Pear	Froot Loops Cereal Flavored Grahams Apple Cherry Fruit Juice	Frosted Flakes Cereal Otis Blueberry Muffin Pineapple Tidbits	Cinnamon Tastries Fresh Apple	Aug 22-26 Sept 19-23 Oct 17-21 Nov 14-18 Dec 12-16 Jan 23-27 Feb 21-24 Mar 26-30 Apr 23-27 May 21-25
WEEK 3	Cinnamania Bun Crackers Apple Juice	Sausage Biscuit Orange Juice	Cinnabon Cereal Oats/Honey Goldfish Diced Peaches	Cinnamon Roll Cherry Apple Juice	French Toast Sticks w Syrup Grape Juice	Aug 29-Sept 2 Sept 26-30 Oct 24-28 Nov 21-22 Dec 19-20 & Jan 5-6 Jan 30-Feb 3 Feb 27-Mar 2 Apr 2-6 Apr 30-May 4
WEEK 4	Cherry Danish Fruit Punch Juice	Blueberry Pancakes Apple	Crunchy Nut Cereal Banana Loaf Mixed Fruit	Flavored Yogurt Corn Pops Cereal Orange Juice	Breakfast Pizza Banana	Sept 5-9 Oct 3-7 Oct 31-Nov 4 Nov 28-Dec 2 Jan 9-13 Feb 6-10 Mar. 5-8 Apr 9-13 May 7-11

Why Choose School Breakfast.....

The school breakfast program provides an excellent opportunity for students to start the day with a healthy morning meal. A good breakfast gives students the energy they need to succeed in school. More than 15 studies indicate that students that eat a good breakfast, learn better, behave better, and perform better than those who skip breakfast. In fact studies show that students that increase their breakfast participation have higher math grades, less frequent school absences and tardies, and less emotional and behavior issues