Middle and High School Breakfast Menu

Kansas City Kansas Public Schools, Nutritional Services

Fresh Fruit and 100% Fruit Juice Served daily in each Cafeteria

Breakfast Full meal deal includes Choice of entrée, fruit or

Milk served in the Cafeteria consist of 1%, Skim, Chocolate Skim and Strawberry Skim

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Dates of Menu
Week 1	Cinni Mini's Assorted Cold Cereal Chocolate Graham Breakfast Burrito w Salsa	Breakfast Bites w Syrup Assorted Cold Cereal Otis Banana Nut Muffin Breakfast Bar	Biscuit w Sausage Gravy Assorted Cold Cereal Flavored Mini Loaf Breakfast Wrap	Breakfast Pizza Assorted Cold Cereal Otis Muffin Funnel Cake	Breakfast Burrito W Salsa Assorted Cold Cereal Fruit Churro Managers Choice	Aug 15-19 Sept 12-16 Oct.10-14 Nov. 7-11 Dec 5-9 Jan 17-20 Feb13-17 Mar 19-23 Apr 16-19
Week 2	Sausage Breakfast Assorted Cold Cereal Otis Flavored Muffin Apple Frudel	Breakfast Hot Pocket Assorted Cold Cereal Blueberry Mini Loaf Yogurt SMART Cookies	Breakfast Burrito w Salsa Assorted Cold Cereal Strawberry Graham Cherry Danish	Snack N Waffle Assorted Cold Cereal Otis Apple Cinnamon Muffin Cinnamania Bun Crackers	French Toast W Syrup Assorted Cold Cereal Otis Muffin Managers Choice	Aug 22-26 Sept 19-23 Oct 17-21 Nov14-18 Dec 12-16 Jan 23-27 Feb 21-24 Mar 26-30 Apr 23-27 May 21-25
Week 3	Cini Mini's Assorted Cold Cereal Chocolate Graham Breakfast Burrito w Salsa	Breakfast Bites w Syrup Assorted Cold Cereal Otis Banana Nut Muffin Breakfast Bar	Biscuit w Sausage Gravy Assorted Cold Cereal Fla- vored Mini Loaf Breakfast Wrap	Breakfast Pizza Assorted Cold Cereal Otis Blueberry Muffin Funnel Cake	Breakfast Burrito W Salsa Assorted Cold Cereal Strawberry Graham Managers Choice	Aug 29-Sept 2 Sept 26-30 Oct 24-28 Nov 21-22 Dec 19-20 & Jan5-6 Jan 30-Feb 3 Feb 27-Mar 2 Apr 2-6 Apr 30-May 4
Week 4	Sausage Breakfast Bagel Assorted Cold Cereal Otis Muffin Strawberry Poptart	Apple Bosco Stick Assorted Cold Cereal Blueberry Mini Loaf Yogurt Flavored Graham	Breakfast Burrito w Salsa Assorted Cold Cereal Strawberry Graham Cherry Danish	Ham Potato Breakfast Square Assorted Cold Cereal Otis Apple Cinnamon Muffin Cinnamania Bun Crackers	Blueberry Pancakes Assorted Cold Cereal Otis Muffin Managers Choice	Sept 5-9 Oct 3-7 Oct 31-Nov 4 Nov 28-Dec 2 Jan 9-13 Feb 6-10 Mar. 5-8 Apr 9-13 May 7-11

Why Choose School Breakfast……..

The school breakfast program provides an excellent opportunity for students to start the day with a healthy morning meal. A good breakfast gives students the energy they need to succeed in school. More than 15 studies indicate that students that eat a good breakfast, learn better, behave better, and perform better that those who skip breakfast. In fact studies show that students that increase their breakfast participation have higher math grades, less frequent school absences and tardies, and less emotional and behavior issues.

Inspiring Excellence through Quality Healthy Meals, EVERY PRODUCT, EVERY MEAL, EVERY DAY