

MIDDLE AND HIGH SCHOOL LUNCH MENU

MAY 15 2015



WEEK 1



WEEK 2

Milk served daily in the Cafeteria includes 1%, Skim, Choc Skim and Strawberry Skim.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DATES OF MENU
BBQ Rib on Bun	Soft Beef Tacos	Southwest Pizza Chili Cheese Dog	Philly Steak & Cheese	Managers Choice Entree	Aug 15-19
Chicken Strips	Ravioli	Spicy Chicken Sandwich	Chicken Nuggets	Fish Sticks & Mac & Cheese	Sept 12-16
Spicy Chicken Sandwich	Tators & Toppings	Managers Choice Potato	Hamburger	Spicy Chicken Sandwich	Oct.10-14
Baked Beans	Refried Beans		Tri-Tators	Build your Burrito	Nov. 7-11
				Skillet Potatoes	Dec 5-9
Chicken Nuggets	"Breakfast for Lunch" <i>Orange Chicken or General Tso's Chicken W Fortune Cookie</i>	Max Sticks w Dipping Sauce Deli Sandwich	Pizza by the Slice Hotdog on Bun	Managers Choice Entree	Jan 17-20
Home-style Meat-loaf & Roll		Spicy Chicken Sandwich	Hamburger	Grilled Cheese	Feb13-17
Hamburger Slider	Today's Pasta	Tators & Toppings	Curly Fries	Spicy Chicken Sandwich	Mar 19-23
Mashed Potatoes	Skillet Potatoes	French Fries		Chicken Sliders	Apr 16-19
				Managers Choice Potatoes	May 14-18
					Aug 22-26
					Sept 19-23
					Oct 17-21
					Nov14-18
					Dec 12-16
					Jan 23-27
					Feb 21-24
					Mar 26-30
					Apr 23-27
					May 21-25

DAILY ENTRÉE OFFERINGS



- Chef Salad
- Fruit Salad
- Yogurt/muffin/string cheese
- Peanut Butter and Jelly Sandwich

ADDITIONAL ROTATING ENTREES

- Spicy Chicken Sandwich
- Hamburger or Cheeseburger



- Today's WG Pasta w Chicken Alfredo, or Meat Sauce
- Build your own Burrito : Chicken or Beef with limited toppings
- Hamburger Sliders– Mini Hamburgers
- Tator and Toppings - Baked Potato with limited toppings
- Chicken Sliders– Mini Chicken Sandwiches

FRUITS AND VEGGIES



- Fresh Fruit
- Garden Salad (Tu-Thu)
- Fresh Veggies w Dip (M & F)
 - Hot Vegetable Daily
 - Canned Fruit Daily

Inspiring Excellence through Quality Healthy Meals, EVERY PRODUCT, EVERY MEAL, EVERY DAY