



You Can Help!

Great volunteer opportunities for you...

July 28, 2010

Cross-Lines Community Outreach will hold its school supply give-away next week. They are still in need of volunteers to help on Tuesday August 3 and Wednesday August 4th. The time would be 9am to noon. If you are interested in volunteering, contact Joan at ljbachtle@everestkc.net.

The Family Conservancy wants to recruit that special volunteer to help clean-up landscaping at their office on State Ave. Date and time are can be decided. If interested, please contact Barb at 913-742-4137 or at bking@thefamilyconservancy.org.

Asera Care, a local hospice, is looking for volunteers to help create useful items for hospice patients in the comfort of their own home. These items include lap robes, booties and memory bears. To volunteer, contact Lora at 816-880-3900 or at lora.keim@aseracare.com.

Community Gardens need volunteers. This is a busy time for gardens. They need to be watered, weeded, mulched, hoed and of course someone needs to harvest the crops. Below are just a few of the many gardens in our area.

- Salt of the Earth Garden contact Angela... 913-963-2095
- Cross-Lines Garden contact Carey...913-281-3388
- Forman Heirloom Garden located on the campus of KCKCC...contact Pam at 913-620-6930 or Jean at 913-299-8815
- J-14 Farm & Ranch contact Joe... 913-287-3365
- Juniper Gardens Community Farm contact Cathy... 913-602-1181
- KC Center for Urban Agriculture contact Alicia... 913-831-2444
- New Roots for Refugees contact Rachel... 913-909-1027
- Oak Grove Affiliate Gardens...contact Paul at 913-660-4692 or at grahovac8@gmail.com.
- Strawberry Fields Community Garden ...contact Debbie at 913-288-7690

Cancer Action is recruiting volunteers who knit, crochet, and sew to help make comfort items for area cancer patients. You can volunteer as an individual or maybe you have a group who gets together. As a group you can socialize and knit, crochet or sew. The finished items can then be sent to Cancer Action for distribution to cancer patients. For more information on how you can help Cancer Action contact Leslie at 913-642-8885 or at leslieb@canceractionkc.org.

Bethel Neighborhood Center to help train adults and youth how to use a computer. If you have the knowledge, the time and want to help others master the computer, please contact Rakmi at 913-371-8218 or at rshazia@bethelcenter.org.

This hot weather is stretching the purse strings of the low-income and marginal families in our community. Utilities bills are high. Local food pantries are being asked to help families with food so that the utility bill can be paid. Shelves in the pantries are getting pretty bare. Maybe you help organize a food drive at your church or place of business. There are a number of pantries that would welcome non-perishable food items, laundry and dishwashing soap, paper towels, toilet paper, personal care items, diapers, baby food to name just a few of the many items requested at local pantries. If you need information on a food pantry let me know.

The American Red Cross, Wyandotte County Chapter needs volunteers to help at blood drives. Volunteers serve as greeters and staff the registration table. To volunteer contact Sharon at 913-321-6314 or at Revoals@usa.redcross.org.

Heartland Habitat for Humanity wants volunteers to help with current builds. No experience necessary. Help make the dream of home ownership a reality. Call Vanessa at 913-342-3047 or contact her at Vanessa@heartlandhabitat.org

Sanctuary of Hope does big mailings throughout the year. Volunteers are essential to these projects. Tasks include folding, stuffing, labeling and then sorting per bulk mailing guidelines. For information about the scheduled mailings and how you can volunteer contact the volunteer coordinator at volunteer@sanctuaryofhope.org.

Care Corps Volunteers are needed at the **University of Kansas Hospital**. These volunteers assist the staff to meet the non-medical needs of patients like an extra blanket or fresh water or friendly conversation. Go to www.kumed.com , click on "volunteer" and complete an on-line application.

A unique volunteer opportunity is available for a small group of individuals. Volunteers must be at least 14 years of age. **MOCSA (Metropolitan Organization to Counter Sexual Assault)** will provide a meaningful volunteer opportunity for a group of no more than 20. Volunteers will participate in a brief introductory session learning about the impacts of child abuse and sexual assault on individuals, families and the community. After the introductory session, volunteers will write letters of support to MOCSA clients. Guidelines for the support letters will be provided. In addition, volunteers will decorate a celebratory banner and/or tablecloth for use during MOCSA client "graduation ceremonies." For more information or sign up your group please contact Angie at 816-285-1324 or at ablumel@mocsa.org.

Associated Youth Services is recruiting volunteers who like to bake and decorate cakes. The youth in care need to have their birthdays celebrated. Volunteer bakers select birthdates each month that work best for their individual schedules. Once the dates are selected and agreed to, the volunteer bakes and decorates the cake for the specific youth; Cakes are generally delivered between 8am and 6pm on the designated date. Let Karen know that you would like to be a volunteer cake baker. Her number is 913-831-2820, ext 218 or you can email her krohrer@aysusa.org.

Do you like read? You can enjoy reading and volunteer at the same time. Alphapointe Association in collaboration with Audio Reader is looking for volunteers to read the newspaper in teams of two for broadcast over the Audio Reader Network. You can help bring current news to the visually impaired and blind. For more information on how you can volunteer please contact Lori at 1-800-0772-8898.

Providence Medical Center has a variety of volunteer opportunities. Volunteers can transport patients, help registration clerks, staff information counters, and generally be available to assist staff and family of patients. If you want more information on the possible volunteer opportunities at Providence Medical Center contact Volunteer Services at 913-596-400.

Bristol Hill Evening Care is recruiting volunteers to become a friend to a handicapped or developmentally delayed teen or adult. The center operates on a volunteer one-on-one relation to provide the client with companionship from 6:30-9pm every Wednesday evening at the church. There are organized activities such as singing, talent night, playing table games,

watching movies, celebrating birthdays, group games and fellowship. Playing bingo for prizes is a favorite activity. For more information on how you can volunteer please call 913-432-2318.